

In the Hall of the Mountain King
(movement activity)

Pat own knees

Pat to the right

Pat own knees

Pat to the left

Pat own knees

Cross hands and pat knees

Pat own knees

Pat knees on either side of you

Clap

Clap

Pat the floor

Pat the floor

Snap (4 X)

Repeat entire sequence several times

Coda: On accents say “boo” or create a pose. Circle arms on fast motive or drum roll on laps.
(repeat) Drum roll on floor at the end and arms up or freeze in a spooky pose.

In the Hall of the Mountain King
(cup activity)

Cup Passing Game

BEATS	1	2	3	4
Rhythm	ta	ta	tri-ple-ti	ta
Actions	Clap	Clap	Tap-on	Cup
Words	CLAP	CLAP	TAP-ON-A	CUP
	1	2	3	4
	ta	ta	ta	rest
	Clap	RH pickup cup	put cup down	rest
	CLAP	UP	DOWN	
	1	2	3	4
	ta	ta	ta	ta
	Clap	RH grab cup From inside twist	Pop cup rim into LH	Tap cup to floor
	CLAP	REACH	POP	TAP
	1	2	3	4
	ta	ta	ta	rest
	Pass cup to LH	RH slaps the ground	LH reaches over RH, turning cup over to person on right	REST
	PLACE	SLAP	OVER	

Suggestions:

- Teach slowly without music first
- Use firm, plastic tumbler cups. Paper or thin, disposable cups will not hold up
- Try this game to a Sousa March such as Washington Post March
- Try this game singing known songs
 - o Rocky Mountain, The Canoe Song (My Paddle), any known song
 - o Songs that are in canon, rounds, or 2-part with an inner circle and an outer circle
- Play this game to In the Hall of the Mountain King
- Try this in a performance using white gloves, white cups and a black light.
- Have the students make up their own cup passing game.

